

Words from the President

Thanks to everyone who braved the downpour to attend last year's workshop at Clemens! In fact, Rudy Rocamontes and Donna Tuggle did such a great job of hosting that we are heading back to Clemens this year on May 12th. We are hoping For an even better turnout since we moved the date to avoid any conflicts with the SAT. Thanks to Julie McClelland for putting together an outstanding program! We are hard at work on this year's workshop. Remember, as a professional you can help in many ways. Please help us secure door prizes and donations, volunteer to speak or to help with contests, help to serve lunch, etc. If you have any questions, please feel free to contact any of the board members.



2006 Student Trainer Workshop in Review

This past years' workShop at Clemens High School was a great success. Granted, most of the day was raining and cold. That didn't sTop our Student Trainers from enjoying the workshop. The number of schools and Student Trainer turnout was lower than expected, and hopefully we as professionals can turn that around. The speakers were great. They covered topics from chiropractic to emergency sideline procedures. There were a number of participants in all the contests. (Results on the page 2) It was quite the specTacle watching the professionals participate in the Challenge Course. For the record, they smoked the best time turned in by the students. GREAT JOB!!! Be sure to check out the photo video on the AAATA web site. All the pictures were taken by Julie Williams-McClelland. (<http://www.yourmemoriesonfilm.com>)



Rudy Rocamontes and Donna Tuggle did a wonderful job hosting the workshop. "We thought Clemens would be a great common site for the Alamo Area schools and others coming from out of town, we were honored to host the workshop." A tired Rocamontes said after it was over. The facilities were close together and the students didn't get loSt, that's got to be a first. A special Thank You goes out to Clemens High School, all the speakers and volunteers that donated their time.

2007 Student Trainer Workshop

The 2007 Student Trainer Workshop is tentatively sChEduled to be held again at Clemens High School on May 12th (State Track Meet) The open weekend of track between regional and state is normally when the workshop is held. This year the SATs and many proms are scheduled to be on that Saturday. The bOard figured that it is worth losing the few Athletic Trainers that attend the State Meet compared to an increase number of student attendance.

Please pass along all information to other ATs in your district. This workshop is for the Student Trainers. We as ATs need to show, from our attendance, that this Workshop is important by bringing as many Student Trainers possible.

Contest Results

Kit Stocking

1. CC Moody HS
2. Roosevelt HS
3. Clemens HS

Ankle Taping

1. Brittany Borrero, Stevens HS
2. Adriana Montelongo, CC Moody HS

Poster Presentation

1. Victoria Berianga, CC Moody HS, *Heat Exhaustion*
2. Rhiannon Novak, East Central HS, *Scoliosis*
3. Ericka Chavarria, CC Moody HS, *Shin Splints*

Team Quiz

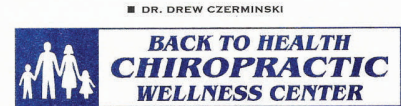
1. Clemens HS, Cynthia Bognetto, Bryan Cox, Krystal Janysek
1. Lee HS, Amanda Bechtel, Kyle Martin, Elizabeth Engellson
1. CC Moody HS, Victoria Berlanga, Adriana Montelongo, Kathryn Recio

Individual Quiz

1. Cynthia Bognetto, Clemens HS
2. Kathryn Recio, CC Moody
3. Amanda Bechtel, Lee HS



Challenge Course Champions - Madison High School



DR. DREW CZERMINSKI
 12315 JUDDSON RD., STE. 208
 SAN ANTONIO, TEXAS 78233
 (210) 599-9570
 EMERGENCY (210) 364-7614
 FAX (210) 599-9572

Bringing Families BACK TO HEALTH ... Naturally!

A. SCOTT LEE, CPM
 Fire Chief



9375 Corporate Drive
 Selma, Texas 78154

Ofc: (210) 651-9150 • Fax: (210) 651-4820
 E-mail: aslsemald@stic.net



PETER F. HOLMES, M.D.

Diplomate of American Board of Orthopaedic Surgery
 Fellow American Academy of Orthopaedic Surgeons

JOSEPH ZACHARKO, PA-C

9150 Huebner Road • Suite 200 • San Antonio, TX 78240-1501
 (210) 696-9000 • Fax (210) 696-9012

T&J
DRIVING SCHOOL
COMPLETE DRIVERS EDUCATION

- TEENAGERS
- ADULTS
- TICKET DISMISSAL
- INSURANCE DISCOUNTS

• Classroom & In-Car Training
 Lesson Given: Automatic and Hand Controls

658-0241

902-D Pat Booker Rd. • Universal City, TX.



SPORTS MEDICINE
ASSOCIATES

Any Athlete. Any Injury. Anytime.



AAATA Newsletter - Published & Edited by: Tim Moore, Madison High School 5005 Stahl Road San Antonio, TX 78247 637-4400x287, tmoore@neisd.net
 One year subscription rate is...free. The information and views of AAATA Newsletter are intended to supplement, not substitute for, the recommendations of a real Athletic Trainer. Readers are urged to consult any Athletic Trainer to complain about the Publisher / Editor. If you have any comment or questions, please feel free to write, e-mail or call the above number. If you would like someone else to receive AAATA Newsletter, e-mail me their address.

From the Treasurer

On the fund-raising front, Derek Huddleston has obtained verbal commitments from Sports Medicine Associates and the Sports Medicine Institute of the San Antonio Orthopaedic Group. Alert Services will continue their support and Mission Pharmacal has already contributed. Athletic Trainers are encouraged to seek donations from other supporters as well.

An idea has been put forth to re-establish early registration for the workshop which will help with planning of shirts, meals, and handouts. Along with early registration, payment of membership electronically using PayPal will be utilized beginning with May 2007 workshop. A \$20.00 membership will be assessed \$0.88 by PayPal - no increase in membership dues is expected for those that use this form of payment. Registration and membership will still be conducted the day of the workshop.

In order to make dealing with finances easier, a move to a more traditional set-up is in order. Currently, expenses are paid from a savings account entailing a trip to obtain cash then convert the cash to a money order, either at the bank or at the post office, which incurs an expense. Wells Fargo has a category for tax-exempt groups that has minimal to no recurring fees. There would be a cost associated for ordering checks but changing authorized users on the account would be easier.

With regards to current finances, we have \$645.00 available for expenses. The scholarships for 2005 and 2006 are funded. Roger Gonsalves, 2005 recipient, received his first disbursement of \$500 this fall.

I had suggested placing aside money in some type of investment such as a money market or CD in order to build financial resources. After some investigation, the money we currently have available does not meet the minimums needed to open a money market account or a CD; therefore, our best option is an interest bearing savings account.

An audit of the 2006 finances is in order. The audit would be informal in nature and be a check to ensure I am consistent in documentation for payments. The audit committee would consist of two or three people but not officers or board members. If you are interested in reviewing basic math and a free meal from me, let me know.

Currently, the scholarship guidelines assume that a recipient will gain entry into a Student Athletic Trainer program their freshmen year. We have experienced recipients having to wait a calendar year or two prior to admission to a program but still have honored the award. How long should funds be encumbered for a recipient that does not gain immediate entry? Please contact me with your suggestions regarding encumbering scholarship funds so that I may make a proposition at the board meeting in May.

For feedback, questions, audit committee, or scholarship encumbering, I can be reached at mknaut@neisd.net, mknauth@satx.rr.com, or 413-9241.

WHAT I NEED YOU TO DO

WHAT Everybody receives the AAATA News letter electronically (E-mail)

I Have a good number of e-mails but not all

NEED EVERYBODY'S e-mail from your district (send to Tim Moore, even duplicates)

YOU must send this newsletter to all Athletic Trainers in your address book

TO ensure everybody has received a copy

DO reply; stating you got the newsletter and you can update the directory with all your school information

Cortez Scholarship Winner

The Cortez Scholarship winner is Allison Davilla from Warren High School. H/She is attending Texas Lutheran University. Scholarship applications need to be post marked before April 15th. Be sure to download an application from the AAATA website.

Did you find the familiar Athletic Trainer Motto hidden in this issue?



**THE SAN ANTONIO
ORTHOPAEDIC GROUP, LLP**
ESTABLISHED 1947

2006-2007 Board Members & Officers

Board Members

President: Andi Green
Lehman HS, 512-268-8454 x7656
greena@hayscisd.net

1st Vice-President: David Powell
Holmes HS, 210-397-7044
holm118@nisd.net

2nd Vice-President: Jon Stinson
Steele HS, 210-945-5667
jstinson@scuc.txed.net

Treasurer: Mitch Knauth
Churchill HS, 210-442-0800 x249
mknaut@neisd.net

Secretary: Evelyn Tidwell
East Central HS, 210-648-9484
ejtidwell34@yahoo.com

Officers

College Student Trainers: David Gish
Texas State University
512-245-2979

Contests: Andi Green
Lehman HS, 512-268-8454 x7656
greena@hayscisd.net

Public Relations: Tim Moore
Madison HS, 210-637-4400 x287
tmoore@neisd.net

Scholarships: Marc Powell
Trinity University
210-999-8293

Alamo Area Athletic Trainers Association
P.O. Box 780726
San Antonio, Texas 78278
aaata@satx.rr.com

AAATA Public Relations Officer

Tim Moore

**James Madison High School
5005 Stahl Road
San Antonio, Texas 78247**



**May 12, 2006 STUDENT TRAINER WORKSHOP
is schedule to be held at Clemens High School**