

AAATA Contest Guidelines

ANKLE TAPING CONTEST GUIDELINES - Revised 3/8/11

RULES:

- 1) Three (3) students per high school may enter.
- 2) Use only commonly accepted ankle-taping techniques, provided proper stability is achieved.
- 3) Time limit is 5 minutes and will only be used to break a tie.
- 4) The top five (5) will have a final tape-off during closing and will be scored the same way during the prelims.

JUDGING CRITERIA:

- 1) Taping procedures will be judged on quality, not speed. BUT, it can be timed for scores that are tied.
- 2) Tape jobs will be judged on a point system, 25 pts max. Five subjects worth five points are: Stability, Neatness, Comfort, Fluency and Confidence

POSTER PRESENTATION GUIDELINES - Revised 3/8/11

As an addition to the AAATA Student Trainer Workshop, all interested students are asked to submit a poster presentation explaining and depicting a topic that directly relates to the realm of Sports Medicine.

INSTRUCTIONS:

- 1) Clear your topic through your supervising trainer prior to starting on your poster.
- 2) The poster must be submitted on a **standard 22"x28" poster board**.
- 3) The text of the article must be at least 250 words, but no longer than 500 words.
- 4) All text must be typewritten on paper and glued to the poster board.
- 5) **The information presented should be researched in at least two commonly known professional publications with an appropriate bibliography presented on the poster board. Only one source can be from the internet.**
- 6) The poster must contain at least three (3) pictorial representations explaining the text of your article. (i.e. photographs, charts, drawings, etc.)
- 7) **Place author's name and school on the back lower left corner of the poster board. There may not be any form of author or school recognition on the front of the poster.**
- 8) Only one poster per student may be submitted for judging.
- 9) **Attachments to posters that will cause the poster to be too heavy for hanging on the wall are not allowed.**

SUGGESTED TOPICS:

- 1) Description of a specific injury seen in your training room.
- 2) An anatomical summary of a specific body part.
- 3) A unique and different method for treating an injury. 4) Description and reasoning behind a rehabilitation protocol.

JUDGING CRITERIA:

- 1) Ability to follow instructions.
- 2) Difficulty of topic and content contained in overall poster presentation.
- 3) Use of correct grammar and punctuation.
- 4) Difficulty of research and use of research materials to present an in-depth topic.
- 5) Credibility of resources; i.e. Encyclopedia vs. Journal of Bone & Joint Surgery.

PRESENTATION OF POSTERS:

Bring your poster with you to the AAATA Student Trainer Workshop. Your poster will be displayed with all other posters for all students to read and evaluate. Judging of the posters will take place during the morning session by an impartial panel of Athletic Trainers and Sports Medicine Specialists. Posters will remain on display following the announcement of winners for all students to examine the winning posters.

CATEGORIES:

Three places will be awarded for the best overall posters. Prizes will be presented during the meeting; so all participants can view the winning posters.

QUIZ TEAM CONTEST GUIDELINES - Revised 3/8/11**RULES:**

- 1) Two - Three students per high school may enter. If three students are entered, the highest two student scores will be used for the team score.
- 2) Team members must be active student athletic trainers, enrolled at the school they are representing.
- 3) The test will be administered during the morning of the AAATA Student Trainer Workshop.
- 4) The format used on the quiz can include:
 - (a) True or false
 - (b) Completion
 - (c) Multiple choices
- 5) Questions used in the previous year's competition may be considered in the selection of the following year's quiz questions.
- 6) In the event of a tie the following procedures will be employed in this order:
 - (a) Re-grade all the papers
 - (b) The scores that tied will be reverted to a specific question number, the one who answered correctly will be considered the higher score, if the answer for that number is both correct, another number will be chosen.

GRADING CRITERIA:

- 1) The AAATA Quiz will be graded on whole credit, no partial credit awarded.
- 2) The AAATA Quiz will be graded by officials selected by the AAATA Contest Committee Chair.
- 3) Each quiz question will be worth one point only.
- 4) The AAATA Quiz can be as little as 50 questions and as long as 150 questions.

SUGGESTED STUDY TOPICS:

- 1) Anatomy and Physiology
- 2) The Athletic Trainer
- 3) The Athletic Training Program
- 4) Prevention, Evaluation, Management and Rehabilitation of Sports Injuries

SUGGESTED STUDY MATERIALS:

Athletic Injury Assessment Booher & Thibodeau
Athletic Training and Sports Medicine American Academy of Orthopedic Surgeons
Essentials of Athletic Training Arnheim
Physical Examination of the Spine and Extremities Hoppenfeld
Rehabilitation Techniques in Sports Medicine Prentice
Sports Injury Management Anderson & Hall
Sports Medicine Prevention, Evaluation, Management and Rehabilitation Roy & Irvin
The Anatomy Coloring Book Kapit & Elson